

65+yo

Smile with confidence



What if you had to cover your mouth every time you laughed?

ORAL HEALTH AND MEDICATIONS

The good news is that nowadays people are keeping their natural teeth longer. The bad news is that for people aged over 65 years, the prevalence of tooth decay, gum disease and oral cancer is higher than the general population.

The increase in decay can be due to the affect of common medications and the side effects of these medications, which often cause your saliva flow to decrease and create a “dry mouth”. It may also occur if your gums have receded from gum disease as the exposed roots of your teeth are not as resistant to decay. Your Medland Dental and Hygienist will be able to tailor a decay management plan specific to your individual situation.

ORAL HEALTH AND GENERAL HEALTH

A healthy mouth and teeth help you look good, eat delicious and nutritious foods, and speak clearly and confidently. Being “mouth healthy” is essential for good quality of life.

Maintaining good oral health habits now is especially important, because unhealthy bacteria in the mouth can not only harm your teeth and gums, but may also be associated with serious medical conditions.

Research has shown that infections in the mouth may be associated with heart disease, stroke, diabetes, pneumonia and other health problems that are common in older adults. It really only takes a few simple steps: brushing and flossing daily, visiting your dentist regularly and eating nutritious foods, to be Mouth Healthy for Life.

MISSING TEETH, DENTURES AND IMPLANTS

If you have a single missing tooth, missing teeth or dentures, you may wish to consider dental implants to restore the full use of your teeth and to create a happy, confident smile.

If you have dentures you are probably all too familiar with problems like dropping, slipping or rubbing of your denture, ulcers, food getting caught underneath or not being able to enjoy the food you like at all.

Implants may be able to help by stabilising your denture from unwanted movement or even doing away with the need for a denture, restoring your confidence. Implant stabilised dentures can also restore your ability to chew, allowing for a better diet, improved health and enjoyment of food.

The last thing you want to have happen is to have your quality of life deteriorate because your teeth haven't been maintained.

Making sure you keep your regular appointments with your Medland Dental Centre hygienist and dentist means all those nasty oral health problems that tend to occur more frequently as you get older can be detected early and kept to a minimum.

Learn more about our payment plans by reading our "Treatment Payment Plans" card or asking our friendly front office coordinators for more information.

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DENTAL CENTRE

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